

BRIEF INTERVENTION COURSE (BIC 317)

Conflict Resolution

COURSE DESCRIPTION

The *Conflict Resolution* Brief course was created with student-adult conflicts in mind. The course material explores the emotional hierarchy of needs, and how unfulfilled emotional and social needs can lead to disruptive behavior in both youth and adults. The course also focuses on the importance of developing positive relationships with caregivers, and how adults can become a coach or mentor for youth.

LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Relationship Building Skills
- Increase Emotional Regulation Awareness and Skills
- Anger Avoidance Skills
- Deepen Understanding of Emotional Hierarchy of Needs

RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a coach or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Live Instruction**—Facilitator led digital curriculum, suitable for both in class or virtual.

COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
Course Format: eLearning
Item Number: BIC 317
eLearning Length: 83 Slides
Scientific Model: Cognitive Restructuring

STANDARDS MET

MTSS Tier 2

PBIS

Restorative Practices

Evidence-based Practices

eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images

PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

Nobody has achieved greatness without a coach or mentor