

BRIEF INTERVENTION COURSE (BIC 324)

Initiative

COURSE DESCRIPTION

The *Initiative* Brief course empowers young teens by helping them discover and nurture their motivation to become their best selves. The course equips students with coping strategies to address the roots of apathy, while fostering grit and resilience through self-discovery and positive thinking skills. Students will learn to set meaningful goals, identify their strengths, measure success, and ultimately find purpose and direction in their lives.

LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Students will explore their level of motivation
- Students will explore the concept of apathy
- Positive thinking skills
- Ownership of learning and development
- Opportunity and growth
- Personal responsibility

RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a coach or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Live Instruction**—Facilitator led digital curriculum, suitable for both in class or virtual.

COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
Course Format: eLearning
Item Number: BIC 324
eLearning Length: 72 Slides
Scientific Model: Cognitive Restructuring

STANDARDS MET

MTSS Tier 2

PBIS

Restorative Practices

Evidence-based Practices

eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images

PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

Be your best!