

BRIEF INTERVENTION COURSE (BIC 325)

Social Media Awareness

COURSE DESCRIPTION

The *Social Media Awareness* brief intervention course helps students become more aware and responsible for their social media and gaming interactions. This is not an educational course, rather, this course is designed to help students overcome the underlying thinking errors that are associated with negative and non prosocial online behavior. It helps students uncover their drivers for inappropriate online behavior and provides timely insights and opportunities for self-awareness for taking personal responsibility for the impact of their online behavior.

LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Student will learn how to better manage their online activities
- Equip students with thinking skills to avoid negative interactions through the internet
- Increase student awareness of their drivers to use social media
- Students will learn how to take responsibility for their impact from social media interactions

RECOMMENDED USES

- Self-Directed—Student does most of the course work independently with a coach or mentor.
- Group—To be completed at school in a group format with a facilitator.
- Hybrid—A combination of self directed learning and group instruction.
- Live Instruction—Facilitator led digital curriculum, suitable for both in class or virtual.

COURSE CONTENT

UNIT 1 - Gaming Addiction
UNIT 2 - Social Media Awareness

COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
Course Format: eLearning
Item Number: BIC 325
eLearning Length: 64 Slides
Scientific Model: Cognitive Restructuring

eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images

PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

STANDARDS MET

MTSS Tier 2

PBIS

Restorative Practices

Evidence-based Practices