education lifeskills



BRIEF INTERVENTION COURSE (BIC 321)

Vaping Awareness

COURSE DESCRIPTION

The *Vaping Awareness* Brief course presents students with several facts, stories and questions that help them understand the risks associated with vaping. The course challenges students' thought processes and provides opportunities for new perspectives and self-discovery.

LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Increase knowledge of the harmful effects of nicotine
- Identify personal thinking errors that are connected to vaping
- Develop vaping avoidance skills
- Empowerment and leadership skills to be a positive influence on other students

RECOMMENDED USES

- Self-Directed—Student does most of the course work independently with a coach or mentor.
- Group—To be completed at school in a group format with a facilitator.
- Hybrid—A combination of self directed learning and group instruction.
- Live Instruction—Facilitator led digital curriculum, suitable for both in class or virtual.

COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
Course Format: eLearning
Item Number: BIC 321
eLearning Length: 49 Slides
Scientific Model: Cognitive Restructuring

STANDARDS MET

MTSS Tier 2

PBIS

Restorative Practices

Evidence-based Practices

eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images

PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

If you don't start, you will never have to quit.